

# Available Media

A list of media available for providers/caregivers. Check-out for no charge.

## **Books:**

The Best Friends Approach to Alzheimer's Care

The Best Friends Book of

Alzheimer's Activities

Blind sided (Living a Life Above Illness)

Riding the Bus with my Sister

## **Videos:**

**The Educated Caregiver**

**Series**

-Coping Skills

-Essential Knowledge

-Hands-on Skills

**What is Dementia**

**The 10 Greatest Gifts**

**Workshop with Study Guide**

**The 10 Greatest Gifts Our**

**Children Give to Us**

**A Nebraska Connects Special...**And Thou Shalt Honor, Care giving Town Hall Meeting

**What is Respite Care** – Video taped training presented by Sherri Blome on November 5, 2005

**Activities of Daily Living** – Video taped training presented by Lisa Briggs, Occupational Therapist, on November 5, 2005

**Positioning and Handling** – Video taped training presented by Robyn Stewart, Physical Therapist on December 3, 2005.

**Medical Issues and Identifying and Reporting Abuse and Neglect** – Video taped training presented by Deb Kuehn, Nurse Practitioner on January 7, 2006.

**Behavior Strategies** – Video taped training presented by Jennie Miller on February 4, 2006.

**Stress Relief Strategies** – Video taped training presented by Laura Hilty on March 4, 2006.

**Communication** – Video taped training presented by Stephanie Ansley on April 1, 2006.

**An Overview of Disabilities** – Video taped training presented by Linda Redfern on April 1, 2006.

**The Autism Spectrum** – Video taped training presented by Cheryl Svoboda on April 1, 2006.

**Anger Management Related to Care giving** – Video Taped training presented by Jennie Miller on 2/17/2007.

**Obesity: The Health Problem of the Century** – Video Taped training presented by Mary Skiles on 3/24/2007.